



Pickering Rouge Canoe Club

Located on Beachpoint Promenade in Frenchman's Bay, Pickering
Canoe Kayak Camp at Rouge Beach, Scarborough
Mailing address: 91 Rylander Blvd, Unit 7, Box 187
Scarborough, Ontario, M1B 5M5
905-767-3330 pickeringrouge.ca

Welcome to PRCC's Canoe & Kayak Camp!

Thank you for registering for Pickering Rouge Canoe Club's Counsellor-in-Training (CIT) program at Rouge Beach. We are very excited about the 2018 season!

Our CIT program provides a valuable learning experience for teens aged 14-15 who want to challenge themselves in a position of responsibility and hands-on learning. The CIT experience is excellent preparation for those interested in future employment opportunities in child care, camp counselling, teaching, and sports and recreation.

The Camp is located at Rouge Beach in Scarborough on the shores of the Rouge River and Lake Ontario in Canada's largest urban park. See full directions on our website at pickeringrouge.ca.

Camp runs 9:00-4:00 from July 3 to August 31, 2018 with four two-week CIT sessions:
Session 1: July 3-13
Session 2: July 16-27
Session 3: July 30-Aug 10
Session 4: Aug 13-24

Please check your email registration to confirm the session that you registered for. On the first day, please bring your email confirmation and the completed waiver (attached).

All campers and CITs should bring the following:

- Weather appropriate clothing such as shorts and t-shirts. Keep in mind that paddlers may get wet.
- Dry change of clothes
- Lots of water to drink (reusable bottle), healthy lunch and snacks
- A hat, sunscreen and sunglasses
- Towel
- Shoes that can get wet and shoes comfortable for running

Coolers are encouraged to keep lunches cold. A BBQ will be provided once a week for all campers and CITs with two hotdogs and chips (beverage is not provided, please bring water). We also have a cold snack program that we use as a fundraiser for PRCC. An ice cream cookie sandwich can be purchased for \$2 per sandwich.

Please keep in mind that we are a tech-free camp.

CIT Requirements

CIT participants must possess a positive attitude and genuine interest in achieving the goals of the CIT program while also being enthusiastic to work with campers ages 6-13. Respect, cooperation and a high level of energy are all valued attributes that will be expected and will lead to a successful completion of the program.

The goal of the CIT program is to provide individuals with the opportunity to work with children in a camp setting, while having the support and supervision of experienced camp staff. CITs will assist the Camp Counsellors with daily programming and actively participate in games, arts and crafts, and on-water activities. This program allows youth to build their leadership and teamwork skills while also developing their paddling skills. We train our CITs in areas we feel are important to becoming a good counsellor, such as positive communication, problem-solving, responsibility, leadership, and professionalism. They will utilize and actively practice these skills while working with the campers and camp staff, particularly when the CITs organize and execute an afternoon's worth of activities for the campers.

Because CITs are given a position of authority, they are expected to model appropriate behavior such as respectful communication, water safety, and positive participation. To successfully complete the program, CITs will be required to demonstrate appropriate levels of maturity, responsibility, and enthusiasm. Participants will fill out a self-evaluation and will receive a formal evaluation from PRCC Camp staff. Upon successful conclusion of the program, CITs will receive a certificate of completion. We are happy to provide reference letters for future employment or volunteer positions upon request to successful participants.

Please note that as this is a registered program (paid), we cannot grant participants volunteer hours for their participation. For information on how participants may volunteer at PRCC functions and events outside of the CIT program, please refer to PRCC's website.

CIT Questionnaire

Please write full sentence responses to the questions below and email to the Camp Manager at camp@pickeringrouge.ca. Completion of the questions is a requirement of the program. Let us know why you think you'll make you a great CIT!

1. Why do you want to be a CIT? Please describe experiences that have led to your interest in participating as a CIT, such as volunteer work and extracurricular activities.
2. What are the top three things you would like to learn while being a CIT and why?
3. Please describe what personality traits you possess that will make you an asset as a great CIT?
4. Please describe how you think this experience will be a benefit in achieving your future goals.

If you have any questions about the program, please email camp@pickeringrouge.ca.

See you at Camp!



Pickering Rouge Canoe Club (PRCC)'s

Canoe and Kayak Camp Participant Waiver



Participant Information (please fill out one form per participant)

Name of Participant		D.O.B	___/___/___
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SAFE CAMP CLAUSE – PRCC has the option to remove your child/children from the program with no monetary reimbursement if there is a concern for their safety/well-being or the safety/well-being of others, including other campers, camp staff, or members of the public. This can include, but is not limited to; instances of bullying, physical, emotional, or sexual abuse, stealing or damaging property, disruption of the program, leaving the program without permission, use of non-camp related equipment or technology, lack of respect for the program or staff, and/or various other instances of disturbing or inappropriate behaviour.

Participation Waiver (Must be signed in order for participation) and brought to first day of camp

Pickering Rouge Canoe Club, also known as West Rouge Canoe Club, directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, owners/operators of facilities, and representatives (collectively known as the "Organization") are not responsible for any injury, damage, property damage, expense or loss of any kind suffered by a Participant during, or as a result of, participating in any program, activity or event, caused in any manner whatsoever. In consideration of the Organization allowing me/my child to participate, I agree:

- To WAIVE any and all claims that I/my child may have now or in the future against the Organization;
- To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my/my child's participation in the sports and or events and programs of the Organization
- To FOREVER RELEASE the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees)(collectively, the "Claims") which I/my child may have or may have in the future, that might arise out of, result from, or relate to my/my child's participation in any activity organized by the Pickering Rouge Canoe Club or the West Rouge Canoe Club, my/my child's presence at any venue, the events, activities or programs of the Organization, and/or my/my child's traveling to or from the events, activities or programs of the Organization, even though such claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, of the Organization.

In consideration of acceptance I, (please print) X _____ for myself and or on behalf of my child and for my heirs, executors, administrators, successors and assigns hereby release, waive and forever discharge the Pickering Rouge Canoe Club and the West Rouge Canoe Club, its directors, club officials, volunteers, members, organizers, employees, coaches, sponsors, and administrators (hereinafter called the "Release") of and from all claims, liabilities, demands, damage costs, expenses, actions, and causes of actions, whether in law or in equity, of every kind of nature whatsoever. I warrant that I/my child is physically and mentally fit to participate in the programs offered including but not limited to practices, competitions etc. and that I/my child is an able swimmer. I understand that water sports can be a dangerous activity and that participant(s), which I accept as a condition of me/my child's membership in Pickering Rouge Canoe Club and the West Rouge Canoe Club, are exposed to hazards and risks.

I hereby acknowledge having read, understood and agreed to accept the terms and conditions of the release.

Signature of Parent/Guardian of Participant

Date

Please print participants name here: X _____

Place your initials here _____ if you DO NOT give permission for your/your child's picture to be used by the Club for promotional activities.

**For more information, please
visit www.pickeringrouge.ca or e-mail camp@pickeringrouge.ca or call 905-767-3330**